

**VCH/PHC Regional e-Mental Health Hub Project  
Steering Committee and Consumer & Physician Engagement Working Group  
Consumer and Family Advisory Position Recruitment**

**Background:**

Vancouver Coastal Health (VCH) and Providence Health Care (PHC) are developing an online resource for people with mild to moderate depression and anxiety. The purpose of this new website is to help people get easier access to information and support, both online and in their local communities. In addition to trusted links, the site will also have an assessment tool and an online Cognitive Behavioral Therapy component that people can use themselves, or with the support of their doctor or psychologist.

**Opportunity:**

VCH/PHC is seeking to recruit two members of the public to sit on committees related to the development of this project. Two positions are available on the Project Subcommittee. One position is also available on the Consumer & Physician Engagement Working Group.

The Project Subcommittee works directly with the consultants hired to develop the e-Mental Health Hub website to make decisions about all aspects of the site including architecture, content and design.

The Consumer & Physician Engagement Working Group will advise and help to implement the plan for including the input of people with depression and/or anxiety and their family members in the design, content and promotion of the website.

**Who:**

- One position is for an adult who has personally experienced symptoms of mild to moderate depression and/or anxiety (referred to here as “consumers”).
- One position is for an adult who has supported a loved one with mild to moderate depression and/or anxiety (referred to here as “family,” but not limited to relatives).

*We are looking for people who:*

- Live in an area served by Vancouver Coastal Health (Vancouver, Richmond , North Shore, Sunshine Coast, Central Coast, Sea-to-Sky)
- Have regular access to the internet and email.
- Are able to communicate verbally and in writing in English.
- Are able to participate in meetings in person at or near Vancouver General Hospital (meeting locations are wheelchair accessible) or on the telephone.
- Are reasonably able to commit to participating in all meetings.

**Time commitment:**

The Project Subcommittee meetings will be 1-1.5 hours each. Two will be held in November, two in December, two in January, and one in February and one in March. Meeting times will be determined once the subcommittee is assembled and will be based on the availability of the members, including the consumer and family representatives. Meetings will be during office hours (9 am-5 pm) at 601 W Broadway or Vancouver General Hospital.

The Consumer & Physician Engagement Working Group will meet on an as-needed basis; likely no more than four meetings between now and March 2015.

This is a volunteer position. Reimbursement will be provided for parking or transit costs.

**Selection Process**

If you are interested in being considered for this placement opportunity:

- Reply to VCH Community Engagement at [ce@vch.ca](mailto:ce@vch.ca) by **Friday, November 7th**. Include a brief profile of yourself and why you are interested in this opportunity.
- Those who express interest will have their information forwarded to the project lead to review.
- Applicants will then be contacted to participate in a telephone or face to face conversation with Community Engagement about the project and your role (and to allow applicants to ask any questions.)
- The people who will join the e-Mental Health Hub project committees will receive an orientation to prepare them for joining the group.

Please note that the consumer and family advisors will be required to join Vancouver Coastal Health's Community Engagement Advisory Committee (CEAN). There is no cost to join CEAN. For more information about CEAN visit: [http://www.vch.ca/get\\_involved/community-engagement/community\\_health\\_advisory\\_committees/cean/cean](http://www.vch.ca/get_involved/community-engagement/community_health_advisory_committees/cean/cean)

Thank you to everyone who responds. We appreciate your willingness to help us create this new resource!