



## **Online Study Recruitment - Guidelines** **By Anxiety Canada's Scientific Advisory Committee**

1. Studies must demonstrate approval by an independent Research Ethics Board or Institutional Review Board.

We also recommend that applicants ensure that their REB/IRB approval allows for participant recruitment through, and the information posted on, the Anxiety Canada website.

2. The study aim(s), dependent measures, and/or implications need to be relevant for a broadly-defined anxiety process, diagnosis, or behavioural health outcome.

If it is not readily apparent in the research summary, researchers should be prepared to provide information on how their study meets this criterion.

3. In keeping with the mandate of Anxiety Canada, studies should focus on evidence-based behavioural health approaches.

If the focus of the study does not include evidence-based behavioural health approaches, it will be incumbent upon the researchers to make their case for inclusion

4. The PI or co-Investigator should be located in Canada or the project should be funded by a Canadian agency.

5. Applicants must submit anticipated end dates for participant enrollment and data collection. If the study plans to enroll participants for longer than 2 years, a brief study update is required annually to renew the posting.

We do not expect that applicants will be able to provide an exact date or intended sample size to indicate when participant enrollment and data collection are likely to end. However, we also suggest that studies are not posted for indefinite periods of time or to collect a large sample without a specified intended sample size. Recruitment ads will be removed after the anticipated end date has passed unless a new date accompanying a study status update is provided by the researchers.

6. Researchers should write a brief article (500-1000 words), in language suitable for the general public, regarding the research and background that led to this study. This will ultimately help to drive traffic to the study.
7. Following data collection, researchers should provide a brief summary of study results or innovations (under 1000 words) for our newsletter. Summaries should be written in language suitable for the general public.

Please note that members of the Board of Anxiety Canada or its committees are unable to promote or provide feedback on an application before it is submitted. Once an application is submitted it will be adjudicated by members of the Scientific Advisory Committee and we will send a decision letter to the applicant(s) within a month of submission.



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### **Questions to Complete Using Online Form:**

1. Title of project
2. Date of Application
3. Name and affiliation of Principal Investigator
4. Name(s) and affiliation(s) of all co-investigators
5. Name and contact information of corresponding investigator
6. Funding secured? Yes/No
7. Funding source for the research
8. Please explain financial or other conflicts of interests that could, either in actuality or appearance, compromise the integrity of the research.
9. Study aims, objectives or research questions.
10. Specific characteristics of the participants being sought (e.g., age range, diagnostic category if known etc).
11. Benefits participants can anticipate by participating in the research.
12. Time and responsibilities required for potential participants.
13. Potential risks for participating in the research.
14. Anticipated end date for participant enrolment and data collection.
15. Has the accepted REB/IRB been attached to the application.

Following review by the Scientific Advisory Committee of Anxiety Canada, a decision will be forwarded to the applicant typically within one month of submission. If the decision is unfavourable, a brief explanation anchored to the application criteria will be provided.